

Kingsbury Good Neighbour Newsletter

A Message from Kingsbury Good Neighbour

As a group of local Volunteers, over the last 6-months we have proactively provided support and assistance wherever possible, from collecting and delivering medication, delivering food parcels, carrying out weekly 'buddy calls'; as well as making sure we share as much information about services and support available to you all. Over the last couple of months, many of our volunteers have now returned to work; and it is clear, that; as some of the restrictions have been lifted, the initial requirements of support within our community have reduced as a result. However, we have decided to continue with our services for the near future, as we move through the recovery stage of the COVID-19 situation, and look at how the 'ripple' effects of the pandemic will effect us all.

As we continue to review the long-term plans of our group, we would really appreciate some feedback about what you; as a member of our community, would like us to consider to help shape any potential future plans, this can be anything that would assist you with your health and well-being as an individual and/or as a family. We can then use this information to assist us to identify, and potentially fill any gaps for support. **PLEASE GET IN TOUCH** and help us shape our community led approach. If you need us; we can be contacted via: Telephone - 07990 154 743 Monday-Friday from 10am till 3pm, Email - kingsbury.goodneighbour@btinternet.com or via our Facebook

Kingsbury Homework Helping Hand



North Warwickshire
Borough Council

S&D PAVING

With support from our local councillors; Andy Jenns and Brian Moss, who were able to allocate money from the Community Fund, and the wonderful and very generous donations from Jason Mooney, Guy & Simon Loveland, Ashley Manley and Dan Bancroft from S&D Paving, Northampton, we have been able to support local families to access home learning and electronic support, by raising money to purchase and gift them a new Chromebook.

Both Mr. Clarke and Mrs Hanson from our two local schools assisted us to identify potential beneficiaries; and it was wonderful to

hear how these Chromebooks have benefited members of our community.



"Thank you so much to you all - it will make such a difference to our family"

"I would like to say thank you for your efforts in getting us a Chromebook it will be very helpful for my grandchildren to do there school work again, I am extremely grateful thank you".

Kingsbury and Cliff Residents Group

We are looking for volunteers to help with planting spring bulbs in the village, if you can spare a few hours of your time, please get in touch with Carol on 01827 873808.

What's On



Kingsbury Community & Youth Centre

Pear Tree Ave
Kingsbury
Tamworth
B78 2AG
enquiries@kcyrc.org.uk
Website www.kcyrc.org.uk

REGULAR EVENTS

To all local residents:-

We have kindly been allowed by the Kingsbury Good Neighbour Newsletter to include a list of current regular activities in this Newsletter. The centre has been working hard to provide a range of activities for the community in these very difficult times.

The following groups are currently using the centre on a weekly basis:-

Monday	2 badminton groups, 1 in the morning and 1 in the evening, also Stopping Stones Junior group
Tuesday	Epic dance academy for juniors, a Pilates class, a boxing club and a Tae Kwon do club
Wednesday	Business development group, who help with tax, benefit queries, contacts, networking and much more. The Boxing club
Thursday	The Boxing club
Friday	Tae Kwon do and Badminton group
Saturday	Riverside Studios dance group
Sunday	The Development circle

There is a wood turning club who meet every 3rd Sunday and an Indoor Bowls club but both have temporarily suspended their meetings due to the pandemic because many of their members are in a high risk category.

We have two local junior football clubs (Kingsbury Arctics and Hurley Kings) who will be coming inside soon for their winter training. There is also a sewing club who are hoping to start soon.

We have strict COVID guidelines in place for both the Sports Hall and the Community Centre and a track and trace procedure in operation. All user groups are required to sign up to the guidelines as part of the hire agreement if you are interested in any of these activities or want to start up an activity, club, play group, or just to make an enquiry about what we have to offer, please do not hesitate to contact us by via the website, email or find us on facebook

An Update From Cllr Andy Jenns



North Warwickshire
Borough Council

Readers may have heard recent talk of proposals to change the way local government works in Warwickshire. A number of people have asked me where I stand on this. The plan put forward by Warwickshire County Council is for North Warwickshire and the other 4 District/Borough Councils to be abolished and replaced by a single Council covering the whole of the County, run from Warwick. Recently the County Council held a special all-day virtual meeting and voted to submit its proposals to the government. The vote was eventually passed but I spoke and voted against it and would like to explain why.

While there are arguments for a single Council running all local services (as happens in cities like Birmingham) and while I am keeping an open mind about the way forward I do have a number of concerns about a single Council for the whole of Warwickshire. A Council run from Warwick would be remote from us here in the North of the County. It already often feels as if we are the poor relations as far as the County Council is concerned and if it were also to take over Housing, street cleaning, bin collections, playgrounds, planning, licensing, and other locally run services the situation might become even worse. People working in Warwick do not have the knowledge and understanding of this area that more locally based and managed Council staff have.

Unlike in a large town or city, the smaller towns and villages across Warwickshire are less easily served by a single large Council. In particular, the communities of the south of the County are very different to those here in the North. I also voted against the submission to the government because I felt it was wrong to send it without first consulting local people. What's more, the government will shortly be publishing a White Paper with proposals on devolution and changes to local government across the country and I think it would be more sensible to wait and see what that suggests before the County Council puts forward its own ideas.

Finally, one single council for the whole of Warwickshire is not the only option for change. Others have suggested two new councils, one for the north of the County and one for the South. Another suggestion is to keep the current two-tier system of the County Council and local Borough Councils, but with them all working more closely together and sharing their support services. I will be working with other local councillors to push for local consultation to ensure that whatever is decided our area is properly served by the new Council. I'd welcome the views of Kingsbury residents and can be contacted about this or any local concerns by email at Andy.Jenns@aol.co.uk

Remembrance Sunday 8th November

The annual service in Kingsbury Parish Church on Remembrance Sunday is always one of the most important and meaningful events in the year, as across the village we remember and honour those who have died in the service of their country. In past years, we have had over 200 people in church, young and old. Sadly, due to coronavirus restrictions, we are unable to have that size of gathering this year. There will still be a service on Sunday 8th November, but attendance will need to be limited to one or two representatives from each of the different groups and organisations in Kingsbury. Please let me (Revd John) know if you would like to be there.

I hope that all of us, however, may be able to find a way to share in this time of remembrance. One way of doing this would be to stand outside your home at 11am on Remembrance Sunday and on Wednesday 11th November, to observe the national Two Minutes' Silence. If there are any buglers or trumpeters in the village who could play the Last Post in various parts of the village, that would be wonderful.

Do please get in touch with me on this or any other matter by emailing revjohn@kingbaxgroup.org.uk or phoning 01827 874252."

Time Banking is Coming to The Kingsbury Area



So what's time Banking? Time Banking is a way for people to help others in their community and be rewarded for it in time. For every hour of time you give helping someone, you receive one hour time credit. You can offer or request any task! Imagination is the only limit! All skills are equal so one hour = one hour! I.e. – if Joan offers one hour of gardening for David, Joan then uses her hour gained and requests one hour of ironing back from Lakbir. Lakbir then uses his hour and requests help from Chris. Chris then gives an hour of her time to set up online shopping for Lakbir. David helps Chris with learning the guitar and so on! Your local timebank is run by local people for local people and will also run fun, free activities in the local community.

Who can join? Anyone over the age of 14 who lives in the Kingsbury Area can join. You don't need any special skills - just the time and the willingness to help others and receive help in return! No matter what your age, ability, employment status or mobility- you can get involved in Time4Warwickshire Timebank.

Interested? We are looking for people to help with, set up and join Time Bank, so if you want to know more, please get in touch: **Cheryl Jones - Timebank Coordinator (North) 07443 345610, Facebook: @time4warwickshire or via Email: t4w-timebanks@warwickshire.gov.uk**



“Without a sense of caring, there can be no sense of community” Anthony J. D’Angelo

Our Wonderful Community Shops and Businesses



Throughout COVID-19 we have been very fortunate that many of our community shops; have not only stayed open throughout the entire pandemic, many have gone above and beyond to support us all with their kindness and services; including free delivery services of essential supplies.

With this in mind, we would like to show our sincere appreciation and acknowledgment for everything they have all done; in particular, The Co-Operative, Village Greens, Jay’s Food & Wine, Mr. News Kingsbury Post Office, Lloyds Pharmacy and A & D Superstore. Without such caring and kind business owners, many of our village members would have found the whole situation even more difficult. Pat; pictured on the left from Mr. News Kingsbury

Post Office, explained *“me and my husband Max didn’t even consider closing, because we wanted to look after all our customers that we really care about”.*

Aside from these wonderful shops, other business owners; some of whom had no alternative option but to close during the pandemic, have now reopened and continue to offer us all their invaluable services; including, Kingsbury Garage, Kingsbury Village Café, Top Scoff, Atlantic Fish Bar, The White Swan and The Royal Oak; along with our local hairdressers, takeaway’s and other small independent businesses.

In these unprecedented times small local business have been impacted tremendously, and will continue to feel the ongoing effects for quite a long time, it’s therefore our time to thank all our community shops and businesses, by utilizing and supporting them to remain in business; in our local community.



Lets all pull together so that we do not lose their invaluable services and our wonderful community spirit.

- Kingsbury Fruit & Veg: 07962185686
- Kingsbury Village Café: 01827 872794
- Jays Food & Wine: 01827 875 970
- Top Scoff: 01827 872 700
- A&D Superstore: 01827 872 533
- Atlantic Fish Bar: 01827 870 350
- Kingsbury Garage: 01827 874430



Kingsbury Notice Board

Please look out for a new community noticeboard due to be fitted to the wall of Jubilee Court shops soon. This will be used by the Parish Council, Kingsbury and Cliff Residents Group and the Borough Council, to keep you updated with upcoming events, important information etc. If you have any ideas of what you would find useful please let us know by e-mail on kingsburypc@outlook.com

USEFUL CONTACT'S

Pear Tree Surgery: 01827 872 755

Lloyds Pharmacy: 01827 874 927

Family Support Helpline: 01926 412 412
(Mon-Fri 9am-4:pm)

Change Grow Live (CGL Drug & Alcohol
Service): 01926 353 513

Warwickshire Local Welfare Scheme:
0800 408 1448 / 01926 414 124

Samaritans: 116 123 (any time of day
or night - free call)

Mind: 0300 123 3393 or text 6463

Mental Health Matters: 0800 616 171

Competition Winner's

The winners of our last Newsletter competition were:



Gail Owen who told us all about her new Cake Business which she expanded during lockdown, Gail has managed to grow her business and has produced some spectacular designs.

Please take a look at Gail's Cake Kitchen on Facebook for more information: www.facebook.com/GailsCakeKitchen/, alternatively you can email gailowen24@gmail.com or call on 07860 798337

Our other winner was Mike Overs who wrote to tell us all about a book he has been writing in honour of his fathers wartime experiences in the Royal Navy, a little 'snippet' we hope he will share with us all once completed.



Warwickshire Community & Voluntary Action



Hi there, I am Michelle, Volunteering Coordinator for North Warwickshire. I am usually based in Atherstone and encourage people to volunteer with community groups and organisations in the rural areas. People volunteer for many reasons, some to just help others and to fill their time, others to boost their self-confidence and gain experience. Since the start of COVID-19 and lockdown, many organisations that use volunteers have had to stop working in the way they are used to, and have put volunteering on hold until things return to normal. It was fantastic to see so many people come together in their local communities to form new COVID support groups, such as The Kingsbury Good Neighbour to help people who have been self-isolating with shopping, picking up prescriptions or be a friendly ear on the telephone.

As well as people coming together in their own groups WCAVA also signed up people who would have never thought of volunteering through their simply connect database, to refer onto these groups in North Warwickshire. The other month was Volunteers Week and a massive thank you must go out to all volunteers, existing and new, who have helped through this difficult time. Unfortunately WCAVA has had to put this year's Volunteer Awards event on hold, but it is something that we hope will go ahead in the future. We will be looking for nominations when the time is right for people who have gone out of their way to give their time to helping others.

Many positive things have come out of COVID-19, such as communities coming together. I was really pleased to hear that the volunteers in Kingsbury decided to put together a newsletter and have this third edition. It's a great way of communicating within the village, especially during this time. As things start returning to normal and organisations begin to start running again, there will be continued need for volunteering. Many people's lives have been affected by what has gone on and people's situations would have changed. If you have been made unemployed and want to do something while looking for a new job, volunteering could be what you need. If you have been self-isolating and want to reconnect with people, volunteering can help. You can sign up to our database to see what kinds of opportunities will be available to you in the future. You can do this by going to www.wcava.org.uk/volunteering You can also sign up to our weekly newsletters from our website. If you would like further information or help registering, please email me on michelle.black@wcava.org.uk